



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

**Jahn, Henry**

Club: Eisenach  
Number: 134

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M20

Total time: 1:32:07

Speed: 11.07 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 41 (of 73)

Rank in course/Men: 39 (of 62)

Best time in course: 1:00:46

Rank in category: 5(of 7)

Best time in the category: 1:00:46