



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Schulze, Ronald

Club: FSV 1986 Bad Langensalza
Number: 177

Course: 17.00 km
17 km-Lauf

Category:
Männer M50

Total time: 1:35:07

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 47 (of 73)

Rank in course/Men: 45 (of 62)

Best time in course: 1:00:46

Rank in category: 6(of 9)

Best time in the category: 1:11:56