



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Rausch, Uwe

Club: SV Motor Tambach
Number: 199

Course: 17.00 km
17 km-Lauf

Category:
Männer M45

Total time: 1:35:11

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 48 (of 73)

Rank in course/Men: 46 (of 62)

Best time in course: 1:00:46

Rank in category: 14(of 17)

Best time in the category: 1:17:07