



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

**Bayer, Jens**

Club: Gotha  
Number: 152

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M35

Total time: 1:35:39

Speed: 10.66 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 52 (of 73)

Rank in course/Men: 49 (of 62)

Best time in course: 1:00:46

Rank in category: 3(of 3)

Best time in the category: 1:09:32