



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

Gollhardt, Hans

Club: WSV Tambach-Dietharz  
Number: 145

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M60

Total time: 1:35:52

Speed: 10.64 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 53 (of 73)

Rank in course/Men: 50 (of 62)

Best time in course: 1:00:46

Rank in category: 4(of 7)

Best time in the category: 1:24:51