



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Mascher, Konstanze

Club: sc impuls erfurt
Number: 132

Course: 17.00 km
17 km-Lauf

Category:
Frauen W45

Total time: 1:36:47

Speed: 10.54 km/h
Running performance: 5:41 min/km

Rank in course/Total: 54 (of 73)
Rank in course/Women: 4 (of 11)
Best time in course: 1:27:36

Rank in category: 2(of 4)
Best time in the category: 1:30:50