



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Spittel, Marcel

Club: Ohrdruf
Number: 197

Course: 17.00 km
17 km-Lauf

Category:
Männer M20

Total time: 1:38:48

Speed: 10.32 km/h
Running performance: 5:49 min/km

Rank in course/Total: 57 (of 73)

Rank in course/Men: 52 (of 62)

Best time in course: 1:00:46

Rank in category: 6(of 7)

Best time in the category: 1:00:46