



Apoldaer MTB-Marathon

Apolda / 12.09.2010

Detailed evaluation

Onißeit, Elisabeth

Club: AC Apolda

Number: 29

Course: 50.00 km

Mitteldistanz

Category:

Masters Damen

Total time: 2:57:22

Speed: 16.91 km/h

Running performance: 16,91 min/km

Rank in course/Total: 47 (of 57)

Rank in course/Women: 5 (of 6)

Best time in course: 2:23:34

Rank in category: 2(of 2)

Best time in the category: 2:31:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	-	55:12	-	2	8:56	5	12:03	-	55:12	-	2	8:56	5	12:03
Control	-	31:41	-	2	3:54	5	5:22	-	1:26:53	-	2	12:50	5	17:25
Finish	9.00	31:39	-	2	4:48	4	5:47	50.00	2:57:22	3:32	2	25:54	5	33:48