



# Apoldaer MTB-Marathon

Apolda / 12.09.2010

## Detailed evaluation

**Kupke, Marco**

Club: 1. MTB-Club Suhl

Number: 161

Course: 75.00 km

Langdistanz

Category:

Herren + Masters 1

Total time: 3:23:59

Speed: 22.06 km/h

Running performance: 22,06 min/km

Rank in course/Total: 8 (of 20)

Rank in course/Men: 8 (of 20)

Best time in course: 2:57:43

Rank in category: 6(of 13)

Best time in the category: 2:57:43

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |         | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time    |                 |             |                | Pos<br>Men    | Behind<br>Men |
| Posten          | 15.00       | 39:48         | 2:39            | 8           | 4:41           | 11          | 4:41          | 15.00 | 39:48   | 2:39            | 7           | 2:40           | 13            | 1:47          |
| Lap 1           | 9.00        | 24:40         | 2:44            | 7           | 2:52           | 10          | 2:52          | 24.00 | 1:04:28 | 2:41            | 6           | 7:33           | 13            | 3:25          |
| Last lap Finish | 9.00        | 25:11         | 2:47            | 7           | 3:32           | 8           | 3:32          | 75.00 | 3:23:59 | 2:43            | 7           | 2:23:25        | 9             | 2:23:25       |