



Apoldaer MTB-Marathon

Apolda / 12.09.2010

Detailed evaluation

Bauer, Ralf

Club: Schmiedefeld

Number: 16

Course: 75.00 km

Langdistanz

Category:

Masters 2 - 4

Total time: 3:50:28

Speed: 19.53 km/h

Running performance: 19,53 min/km

Rank in course/Total: 16 (of 20)

Rank in course/Men: 16 (of 20)

Best time in course: 2:57:43

Rank in category: 5(of 7)

Best time in the category: 3:19:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	15.00	45:05	3:00	5	5:30	16	9:58	15.00	45:05	3:00	5	5:28	5	7:04
Lap 1	9.00	31:02	3:26	7	7:04	19	9:14	24.00	1:16:07	3:10	5	12:01	5	15:04
Last lap Finish	9.00	26:56	2:59	4	2:08	11	5:17	75.00	3:50:28	3:04	5	31:08	17	2:49:54