



Apoldaer MTB-Marathon

Apolda / 12.09.2010

Detailed evaluation

Fricke, Norman

Club: AC Apolda

Number: 171

Course: 50.00 km

Mitteldistanz

Category:

Herren + Masters 1

Total time: 2:24:50

Speed: 20.71 km/h

Running performance: 20,71 min/km

Rank in course/Total: 19 (of 57)

Rank in course/Men: 18 (of 51)

Best time in course: 1:59:10

Rank in category: 14(of 36)

Best time in the category: 1:59:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	-	43:40	-	17	7:38	21	7:38	-	43:40	-	32			44
Control	-	26:43	-	21	4:46	27	4:46	-	1:10:23	-	32			44
Finish	9.00	25:42	-	12	3:50	13	3:50	50.00	2:24:50	2:53	14	25:40	18	25:40