



Apoldaer MTB-Marathon

Apolda / 12.09.2010

Detailed evaluation

Langowski, Sven

Club: Bike Dom Naunburg

Number: 169

Course: 50.00 km

Mitteldistanz

Category:

Herren + Masters 1

Total time: 2:27:53

Speed: 20.29 km/h

Running performance: 20,29 min/km

Rank in course/Total: 22 (of 57)

Rank in course/Men: 21 (of 51)

Best time in course: 1:59:10

Rank in category: 17(of 36)

Best time in the category: 1:59:10

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.							
Control	-	45:13	-	19	9:11	24	9:11	-	45:13	-	35	47	
Control	-	26:09	-	14	4:12	17	4:12	-	1:11:22	-	35	47	
Finish	9.00	26:59	-	16	5:07	21	5:07	50.00	2:27:53	2:57	17	28:43	21 28:43