



Apoldaer MTB-Marathon

Apolda / 12.09.2010

Detailed evaluation

Jirak, Stephan

Club: Kahla
Number: 42

Course: 50.00 km
Mitteldistanz

Category:
Herren + Masters 1

Total time: 2:29:53

Speed: 20.02 km/h
Running performance: 20,02 min/km

Rank in course/Total: 23 (of 57)

Rank in course/Men: 22 (of 51)

Best time in course: 1:59:10

Rank in category: 18(of 36)

Best time in the category: 1:59:10

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total min/km | Pos Cat. | Behind Cat. | Total ranking | |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | | Pos Men | Behind Men |
| Control | - | 43:50 | - | 18 | 7:48 | 22 | 7:48 | - | 43:50 | - | 36 | | | 48 |
| Control | - | 26:58 | - | 22 | 5:01 | 28 | 5:01 | - | 1:10:48 | - | 36 | | | 48 |
| Finish | 9.00 | 28:50 | - | 24 | 6:58 | 30 | 6:58 | 50.00 | 2:29:53 | 2:59 | 18 | 30:43 | 22 | 30:43 |