



Apoldaer MTB-Marathon

Apolda / 12.09.2010

Detailed evaluation

Jirak, Stephan

Club: Kahla
Number: 42

Course: 50.00 km
Mitteldistanz

Category:
Herren + Masters 1

Total time: 2:29:53

Speed: 20.02 km/h
Running performance: 20,02 min/km

Rank in course/Total: 23 (of 57)

Rank in course/Men: 22 (of 51)

Best time in course: 1:59:10

Rank in category: 18(of 36)

Best time in the category: 1:59:10

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Control	-	43:50	-	18	7:48	22	7:48	-	43:50	-	36		48	
Control	-	26:58	-	22	5:01	28	5:01	-	1:10:48	-	36		48	
Finish	9.00	28:50	-	24	6:58	30	6:58	50.00	2:29:53	2:59	18	30:43	22	30:43