



Apoldaer MTB-Marathon

Apolda / 12.09.2010

Detailed evaluation

Lengert, Sabine

Club: Eisenschweinkader

Number: 145

Course: 50.00 km

Mitteldistanz

Category:

Masters Damen

Total time: 2:31:28

Speed: 19.81 km/h

Running performance: 19,81 min/km

Rank in course/Total: 25 (of 57)

Rank in course/Women: 2 (of 6)

Best time in course: 2:23:34

Rank in category: 1(of 2)

Best time in the category: 2:31:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Control	-	46:16	-	1	-	2	3:07	-	46:16	-	1	-	2	3:07
Control	-	27:47	-	1	-	2	1:28	-	1:14:03	-	1	-	2	4:35
Finish	9.00	26:51	-	1	-	2	0:59	50.00	2:31:28	3:01	1	-	2	7:54