



Apoldaer MTB-Marathon

Apolda / 12.09.2010

Detailed evaluation

Lengert, Sabine

Club: Eisenschweinkader

Number: 145

Course: 50.00 km

Mitteldistanz

Category:

Masters Damen

Total time: 2:31:28

Speed: 19.81 km/h

Running performance: 19,81 min/km

Rank in course/Total: 25 (of 57)

Rank in course/Women: 2 (of 6)

Best time in course: 2:23:34

Rank in category: 1(of 2)

Best time in the category: 2:31:28

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
|---------|----------|------------|--------------|----------|-------------|-----------|--------------|----------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | | | | | | | | | | | |
| Control | - | 46:16 | - | 1 | - | 2 | 3:07 | - | 46:16 | - | 1 | - | 2 | 3:07 |
| Control | - | 27:47 | - | 1 | - | 2 | 1:28 | - | 1:14:03 | - | 1 | - | 2 | 4:35 |
| Finish | 9.00 | 26:51 | - | 1 | - | 2 | 0:59 | 50.00 | 2:31:28 | 3:01 | 1 | - | 2 | 7:54 |