



Apoldaer MTB-Marathon

Apolda / 12.09.2010

Detailed evaluation

Muchow, Frank

Club: Artern

Number: 68

Course: 50.00 km

Mitteldistanz

Category:

Masters 2

Total time: 2:42:29

Speed: 18.46 km/h

Running performance: 18,46 min/km

Rank in course/Total: 38 (of 57)

Rank in course/Men: 36 (of 51)

Best time in course: 1:59:10

Rank in category: 6(of 7)

Best time in the category: 2:15:03

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.							
Control	-	48:48	-	6	9:13	38	12:46	-	48:48	-	6	9:13	11
Control	-	28:57	-	6	5:02	38	7:00	-	1:17:45	-	6	14:15	11
Finish	9.00	30:13	-	6	4:31	35	8:21	50.00	2:42:29	3:14	6	27:26	36 43:19