



3. Via Solutions Wartburg Staffellauf

Vom Pumpsälzsteg zur Wartburg und zurück / 18.09.2010

Detailed evaluation

Lauffreunde Geba

Club: Lauffreunde Geba

Number: 2

Course: 54.40 km

Lauf Männer

Category:

Staffel

Total time: 4:04:01

Speed: 13.28 km/h

Running performance: 4:29 min/km

Rank in course: 5 (of 14)

Best time in course: 3:24:36

Rank in category: 5(of 14)

Best time in the category: 3:24:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Pumpsälzsteg	11.20	47:17	4:13	5	4:49	5	4:49	11.20	47:17	4:13	6	4:49	6	4:49
Hubertushaus	10.80	51:27	4:45	8	9:28	8	9:28	22.00	1:38:44	4:29	6	14:17	6	14:17
Wartburg	10.80	49:02	4:32	4	10:09	4	10:09	32.80	2:27:46	4:30	6	24:26	6	24:26
Hubertushaus	10.80	50:42	4:41	2	8:36	2	8:36	43.60	3:18:28	4:33	6	33:02	6	33:02
Finish	10.80	45:33	4:13	9	7:30	9	7:30	54.40	4:04:01	4:29	5	39:25	5	39:25