



3. Via Solutions Wartburg Staffellauf

Vom Pummpälzsteg zur Wartburg und zurück / 18.09.2010

Detailed evaluation

Lynas, Matthew

Club: LTV Erfurt

Number: 1002

Course: 54.40 km

Einzel Lauf

Category:

Männer Lauf

Total time: 4:15:08

Speed: 12.70 km/h

Running performance: 4:41 min/km

Rank in course/Total: 1 (of 4)

Rank in course/Men: 1 (of 3)

Best time in course: 4:15:08

Rank in category: 1(of 3)

Best time in the category: 4:15:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pummpälzsteg	11.20	48:26	4:19	1	-	1	-	11.20	48:26	4:19	1	-	1	-
Hubertushaus	10.80	58:02	5:22	1	-	1	-	22.00	1:46:28	4:50	1	-	1	-
Wartburg	10.80	48:01	4:26	1	-	1	-	32.80	2:34:29	4:42	1	-	1	-
Hubertushaus	10.80	53:22	4:56	1	-	1	-	43.60	3:27:51	4:46	1	-	1	-
Finish	10.80	47:17	4:22	1	-	1	-	54.40	4:15:08	4:41	1	-	1	-