



3. Via Solutions Wartburg Staffellauf

Vom Pummpälzsteg zur Wartburg und zurück / 18.09.2010

Detailed evaluation

Friedrich, Marcel

Club: Schwallungen

Number: 1003

Course: 54.40 km

Einzel Lauf

Category:

Männer Lauf

Total time: 5:27:34

Speed: 9.96 km/h

Running performance: 6:01 min/km

Rank in course/Total: 2 (of 4)

Rank in course/Men: 2 (of 3)

Best time in course: 4:15:08

Rank in category: 2(of 3)

Best time in the category: 4:15:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pummpälzsteg	11.20	57:58	5:10	2	9:32	2	9:32	11.20	57:58	5:10	2	9:32	2	9:32
Hubertushaus	10.80	1:02:41	5:48	2	4:39	2	4:39	22.00	2:00:39	5:29	2	14:11	2	14:11
Wartburg	10.80	1:03:53	5:54	2	15:52	2	15:52	32.80	3:04:32	5:37	2	30:03	2	30:03
Hubertushaus	10.80	1:16:51	7:06	2	23:29	2	23:29	43.60	4:21:23	5:59	2	53:32	2	53:32
Finish	10.80	1:06:11	6:07	2	18:54	2	18:54	54.40	5:27:34	6:01	2	1:12:26	2	1:12:26