



3. Via Solutions Wartburg Staffellauf

Vom Pummpälzsteg zur Wartburg und zurück / 18.09.2010

Detailed evaluation

Gasa, Carola

Club: SV Mihla

Number: 1009

Course: 54.40 km

Einzel Lauf

Category:

Frauen Lauf

Total time: 5:55:00

Speed: 9.13 km/h

Running performance: 6:32 min/km

Rank in course/Total: 3 (of 4)

Rank in course/Women: 1 (of 1)

Best time in course: 5:55:00

Rank in category: 1(of 1)

Best time in the category: 5:55:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Pummpälzsteg	11.20	1:01:00	5:26	1	-	1	-	11.20	1:01:00	5:26	1	-	1	-
Hubertushaus	10.80	1:08:22	6:19	1	-	1	-	22.00	2:09:22	5:52	1	-	1	-
Wartburg	10.80	1:12:27	6:42	1	-	1	-	32.80	3:21:49	6:09	1	-	1	-
Hubertushaus	10.80	1:23:58	7:46	1	-	1	-	43.60	4:45:47	6:33	1	-	1	-
Finish	10.80	1:09:13	6:24	1	-	1	-	54.40	5:55:00	6:31	1	-	1	-