



3. Via Solutions Wartburg Staffellauf

Vom Pummpälzsteg zur Wartburg und zurück / 18.09.2010

Detailed evaluation

Ehrenberger, Dieter

Club: LT Hemsbach

Number: 1001

Course: 54.40 km

Einzel Lauf

Category:

Männer Lauf

Total time: 6:14:11

Speed: 8.72 km/h

Running performance: 6:53 min/km

Rank in course/Total: 4 (of 4)

Rank in course/Men: 3 (of 3)

Best time in course: 4:15:08

Rank in category: 3(of 3)

Best time in the category: 4:15:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pummpälzsteg	11.20	59:40	5:19	3	11:14	3	11:14	11.20	59:40	5:19	3	11:14	3	11:14
Hubertushaus	10.80	1:12:45	6:44	3	14:43	3	14:43	22.00	2:12:25	6:01	3	25:57	3	25:57
Wartburg	10.80	1:15:31	6:59	3	27:30	3	27:30	32.80	3:27:56	6:20	3	53:27	3	53:27
Hubertushaus	10.80	1:29:32	8:17	3	36:10	3	36:10	43.60	4:57:28	6:49	3	1:29:37	3	1:29:37
Finish	10.80	1:16:43	7:06	3	29:26	3	29:26	54.40	6:14:11	6:52	3	1:59:03	3	1:59:03