



Bergsträßer 10 km Lauf  
Hirschberg a.d. Bergstraße / 19.09.2010

Detailed evaluation

Kohl, Johannes

Club: LT Hemsbach  
Number: 651

Course: 10.00 km  
10 km-Lauf

Category:  
Männer M45

Total time: 38:23

Speed: 15.63 km/h  
Running performance: 3:50 min/km

Rank in course/Total: 2 (of 9)

Rank in course/Men: 2 (of 8)

Best time in course: 37:52

Rank in category: 1(of 4)

Best time in the category: 38:23