



Bergsträßer 10 km Lauf
Hirschberg a.d. Bergstraße / 19.09.2010

Detailed evaluation

Zimmer, Benjamin

Number: 650

Course: 10.00 km
10 km-Lauf

Category:
Männer M30

Total time: 42:07

Speed: 14.25 km/h

Running performance: 4:13 min/km

Rank in course/Total: 4 (of 9)

Rank in course/Men: 4 (of 8)

Best time in course: 37:52

Rank in category: 1(of 1)

Best time in the category: 42:07