



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

Detailed evaluation

Müller-Rühling, Heiko

Club: SG Stern Kassel

Number: 127

Course: 54.00 km

Marathonstrecke

Category:

Master 1

Total time: 3:23:51

Speed: 15.89 km/h

Rank in course/Total: 118 (of 200)

Rank in course/Men: 112 (of 190)

Best time in course: 2:06:40

Rank in category: 40(of 80)

Best time in the category: 2:28:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Vielarmiger Weg	18.00	1:12:07	14.98	46	20:10	122	26:38	18.00	1:12:07	14.98	62		112	26:34
Bilstein	21.00	1:21:59	15.37	44	23:30	113	31:57	39.00	2:34:06	15.18	62		111	58:31
Thomasmühle	7.00	17:31	23.98	45	3:25	117	5:37	46.00	2:51:37	16.08	62		111	1:04:08
Finish	8.00	32:14	14.89	32	9:13	87	13:03	54.00	3:23:51	15.89	41	54:59	113	1:17:11