



8. Sparkassen Walk Telgte

Telgte / 25.09.2010

Detailed evaluation

Kose, Rüdiger

Club: Skiclub Schwerte

Number: 467

Course: 22.20 km

Nordic Walking

Total time: 2:38:32

Speed: 8.33 km/h

metres in height up: 17

Course score: 22.26

performance score: 189 Points