



8. Sparkassen Walk Telgte

Telgte / 25.09.2010

Detailed evaluation

Hesse, Roland

Club: LF-Lüchtringen

Number: 459

Course: 22.20 km

Nordic Walking

Total time: 2:49:48

Speed: 7.84 km/h

metres in height up: 17

Course score: 22.26

performance score: 176 Points