



8. Sparkassen Walk Telgte

Telgte / 25.09.2010

Detailed evaluation

Adams, Mirjam

Club: Escar Gots Bochum

Number: 504

Course: 22.20 km

Nordic Walking

Total time: 3:08:36

Speed: 7.00 km/h

metres in height up: 17

Course score: 22.26

performance score: 159 Points