



31. Wartburglauf Eisenach

Eisenach / 26.09.2010

Detailed evaluation

Ziegler, Hans-Joachim

Club: EFC 08 Ruhla

Number: 44

Course: 12.50 km

Hauptlauf

Category:

Männer M60

Total time: 1:15:39

Speed: 9.52 km/h

Running performance: 6:03 min/km

Rank in course/Total: 132 (of 154)

Rank in course/Men: 107 (of 121)

Best time in course: 45:54

Rank in category: 4(of 4)

Best time in the category: 1:01:07