



31. Wartburglauf Eisenach  
Eisenach / 26.09.2010

Detailed evaluation

Plath, Rainer

Club: Kassel  
Number: 78

Course: 12.50 km  
Hauptlauf

Category:  
Männer M40

Total time: 54:45

Speed: 13.15 km/h  
Running performance: 4:23 min/km

Rank in course/Total: 27 (of 154)

Rank in course/Men: 27 (of 121)

Best time in course: 45:54

Rank in category: 8(of 22)

Best time in the category: 49:52