



31. Wartburglauf Eisenach  
Eisenach / 26.09.2010

Detailed evaluation

**Bärwolf, Silvia**

Club: Laufftreff Breitungen  
Number: 117

Course: 12.50 km  
Hauptlauf

Category:  
Frauen W45

Total time: 1:00:45

Speed: 11.85 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 62 (of 154)

Rank in course/Women: 4 (of 33)

Best time in course: 56:21

Rank in category: 1(of 7)

Best time in the category: 1:00:45