



31. Wartburglauf Eisenach  
Eisenach / 26.09.2010

Detailed evaluation

Plötz, Heiko

Club: Mühlhausen

Number: 5

Course: 12.50 km

Hauptlauf

Category:

Männer M40

Total time: 1:01:40

Speed: 11.68 km/h

Running performance: 4:56 min/km

Rank in course/Total: 71 (of 154)

Rank in course/Men: 66 (of 121)

Best time in course: 45:54

Rank in category: 16(of 22)

Best time in the category: 49:52