



31. Wartburglauf Eisenach
Eisenach / 26.09.2010

Detailed evaluation

Gasterstedt, Ralf

Club: Unkeroda

Number: 134

Course: 12.50 km

Hauptlauf

Category:

Männer M45

Total time: 1:02:32

Speed: 11.51 km/h

Running performance: 5:00 min/km

Rank in course/Total: 76 (of 154)

Rank in course/Men: 68 (of 121)

Best time in course: 45:54

Rank in category: 9(of 17)

Best time in the category: 52:13