



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Jakob, Reinhard

Club: SV Berg

Number: 314

Course: 10.00 km

Volkslauf

Category:

Männer M55

Total time: 1:00:53

Speed: 9.85 km/h

Running performance: 6:05 min/km

Rank in course/Total: 99 (of 188)

Rank in course/Men: 76 (of 110)

Best time in course: 42:05

Rank in category: 6(of 9)

Best time in the category: 46:53