



3. Park&See-Lauf Hof  
Hof / 02.10.2010

Detailed evaluation

**Samani, Pareshkumar**

Club: REHAU AG + Co.  
Number: 389

Course: 10.00 km  
Volkslauf

Category:  
Männer M40

Total time: 1:01:06

Speed: 9.82 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 103 (of 188)

Rank in course/Men: 77 (of 110)

Best time in course: 42:05

Rank in category: 14(of 18)

Best time in the category: 49:00