



3. Park&See-Lauf Hof  
Hof / 02.10.2010

Detailed evaluation

Schnabel, Ulrich

Club: Münchberg  
Number: 390

Course: 10.00 km  
Volkslauf

Category:  
Männer M40

Total time: 1:01:43

Speed: 9.72 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 108 (of 188)

Rank in course/Men: 79 (of 110)

Best time in course: 42:05

Rank in category: 15(of 18)

Best time in the category: 49:00