



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Dorn, Werner

Club: REHAU AG + Co.
Number: 405

Course: 10.00 km
Volkslauf

Category:
Männer M45

Total time: 1:03:06

Speed: 9.51 km/h
Running performance: 6:19 min/km

Rank in course/Total: 117 (of 188)

Rank in course/Men: 85 (of 110)

Best time in course: 42:05

Rank in category: 10(of 13)

Best time in the category: 46:40