



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Tippelt, Christian

Club: Faltbootclub Hof

Number: 353

Course: 10.00 km

Volkslauf

Category:

Männer M20

Total time: 1:04:46

Speed: 9.26 km/h

Running performance: 6:29 min/km

Rank in course/Total: 129 (of 188)

Rank in course/Men: 92 (of 110)

Best time in course: 42:05

Rank in category: 11(of 13)

Best time in the category: 42:05