



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Hedayati, Ariane

Club: Hof

Number: 453

Course: 10.00 km

Volkslauf

Category:

Frauen W35

Total time: 1:04:51

Speed: 9.25 km/h

Running performance: 6:29 min/km

Rank in course/Total: 132 (of 188)

Rank in course/Women: 38 (of 78)

Best time in course: 44:55

Rank in category: 4(of 10)

Best time in the category: 54:39