



3. Park&See-Lauf Hof  
Hof / 02.10.2010

Detailed evaluation

Rank, Daniela

Club: Donaueschingen

Number: 441

Course: 10.00 km

Volkslauf

Category:

Frauen W30

Total time: 1:04:56

Speed: 9.24 km/h

Running performance: 6:29 min/km

Rank in course/Total: 134 (of 188)

Rank in course/Women: 39 (of 78)

Best time in course: 44:55

Rank in category: 7(of 14)

Best time in the category: 54:24