



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Kasack, Daniel

Club: REHAU AG + Co.

Number: 4

Course: 21.10 km

Halbmarathon

Category:

Männer M20

Total time: 1:20:40

Speed: 15.69 km/h

Running performance: 3:49 min/km

Rank in course/Total: 5 (of 237)

Rank in course/Men: 5 (of 195)

Best time in course: 1:13:26

Rank in category: 2(of 23)

Best time in the category: 1:17:59