



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Staudacher, Marcel

Club: Team Synergy-sports.de
Number: 280

Course: 21.10 km
Halbmarathon

Category:
Männer M30

Total time: 1:22:42

Speed: 15.24 km/h
Running performance: 3:55 min/km

Rank in course/Total: 9 (of 237)

Rank in course/Men: 9 (of 195)

Best time in course: 1:13:26

Rank in category: 3(of 20)

Best time in the category: 1:13:26