



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Leupold, Uwe

Club: Viessmann kool runnings
Number: 499

Course: 10.00 km
Volkslauf

Category:
Männer M40

Total time: 1:08:58

Speed: 8.70 km/h
Running performance: 6:54 min/km

Rank in course/Total: 156 (of 188)

Rank in course/Men: 103 (of 110)

Best time in course: 42:05

Rank in category: 17(of 18)

Best time in the category: 49:00