



### 3. Park&See-Lauf Hof

Hof / 02.10.2010

#### Detailed evaluation

**Herzig, Jörg**

Club: LG Hof

Number: 68

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:24:22

Speed: 14.93 km/h

Running performance: 4:00 min/km

Rank in course/Total: 11 (of 237)

Rank in course/Men: 11 (of 195)

Best time in course: 1:13:26

Rank in category: 4(of 41)

Best time in the category: 1:20:26