



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Herzig, Jörg

Club: LG Hof
Number: 68

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:24:22

Speed: 15.01 km/h
Running performance: 4:00 min/km

Rank in course/Total: 11 (of 237)

Rank in course/Men: 11 (of 195)

Best time in course: 1:13:26

Rank in category: 4(of 41)

Best time in the category: 1:20:26