



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Leupold, Carmen

Club: IfL

Number: 478

Course: 10.00 km

Volkslauf

Category:

Frauen W45

Total time: 1:10:33

Speed: 8.50 km/h

Running performance: 7:04 min/km

Rank in course/Total: 158 (of 188)

Rank in course/Women: 55 (of 78)

Best time in course: 44:55

Rank in category: 5(of 9)

Best time in the category: 58:08