



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Zeller, Ute

Club: Ifl Hof

Number: 481

Course: 10.00 km

Volkslauf

Category:

Frauen W50

Total time: 1:10:35

Speed: 8.50 km/h

Running performance: 7:04 min/km

Rank in course/Total: 159 (of 188)

Rank in course/Women: 56 (of 78)

Best time in course: 44:55

Rank in category: 3(of 4)

Best time in the category: 56:22