



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Wellen, Anja

Club: Hof

Number: 466

Course: 10.00 km

Volkslauf

Category:

Frauen W40

Total time: 1:11:40

Speed: 8.37 km/h

Running performance: 7:10 min/km

Rank in course/Total: 160 (of 188)

Rank in course/Women: 57 (of 78)

Best time in course: 44:55

Rank in category: 12(of 15)

Best time in the category: 51:05