



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Köppel, Sonja

Club: FC Martinlamitz

Number: 492

Course: 10.00 km

Volkslauf

Category:

weibliche Jugend B

Total time: 1:13:44

Speed: 8.14 km/h

Running performance: 7:22 min/km

Rank in course/Total: 167 (of 188)

Rank in course/Women: 62 (of 78)

Best time in course: 44:55

Rank in category: 2(of 4)

Best time in the category: 1:05:03