



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Ackermann, Steffen

Club: Feilitzsch

Number: 96

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:30:28

Speed: 13.99 km/h

Running performance: 4:17 min/km

Rank in course/Total: 20 (of 237)

Rank in course/Men: 20 (of 195)

Best time in course: 1:13:26

Rank in category: 7(of 41)

Best time in the category: 1:20:26