



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Frauendorf, Gunther

Club: Triathlon Jena

Number: 13

Course: 21.10 km

Halbmarathon

Category:

Männer M20

Total time: 1:30:58

Speed: 13.85 km/h

Running performance: 4:19 min/km

Rank in course/Total: 23 (of 237)

Rank in course/Men: 23 (of 195)

Best time in course: 1:13:26

Rank in category: 6(of 23)

Best time in the category: 1:17:59