



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Marquardt, Alexander

Club: TSV DÜRRENWALD
Number: 35

Course: 21.10 km
Halbmarathon

Category:
Männer M30

Total time: 1:31:15

Speed: 13.81 km/h
Running performance: 4:19 min/km

Rank in course/Total: 25 (of 237)

Rank in course/Men: 25 (of 195)

Best time in course: 1:13:26

Rank in category: 5(of 20)

Best time in the category: 1:13:26