



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Franz, Katharina

Club: Konradsreuth

Number: 446

Course: 10.00 km

Volkslauf

Category:

Frauen W30

Total time: 1:17:17

Speed: 7.76 km/h

Running performance: 7:44 min/km

Rank in course/Total: 175 (of 188)

Rank in course/Women: 69 (of 78)

Best time in course: 44:55

Rank in category: 13(of 14)

Best time in the category: 54:24